

WELLNESS RECOMMENDATIONS



SKINCEUTICALS A.G.E INTERRUPTER ADVANCED

This multi-corrective cream is clinically proven to improve visible attributes associated with skin aging and glycation, a biological process in which excess sugar molecules bind to collagen and elastin, weakening the skin's underlying support structure.



SKINCEUTICALS C E FERULIC

This antioxidant serum helps to diminish and prevent visible signs of aging and photo-damage while simultaneously neutralizing free radicals, shielding against UV damage, and enhancing collagen production.



THE COMPLETE EMEPELLE™ SYSTEM

This combination daytime serum and nighttime cream helps to improve the appearance of Estrogen Deficient Skin and restore skin's natural radiance.



PLATED EXOSOMES FOR HAIR

This powerful nighttime hair serum helps to increase the appearance of hair's density, thickness, volume, and overall appearance.



THE FUTURE OF AGING *REALLY* WELL™



At **NicholsMD of Greenwich**, your comfort and care is our priority. Our boutique provides you with the most exclusive personalized care from board-certified dermatologist, **Dr. Kim Nichols**, and her professional staff.

NicholsMD of Greenwich is conveniently located in close proximity to the Greenwich Train Station, Downtown Greenwich, and Westchester County, NY. **NicholsMD of Greenwich** is only 40 minutes by train or car from New York City!

KIM NICHOLS, MD, FAAD

Kim Nichols, MD, FAAD is a Harvard-trained, board-certified dermatologist that treats for both medical and cosmetic skincare concerns. She has been recognized worldwide for her artistic expertise in administering injectables that yield natural looking results for patients to look and feel their best.

Dr. Nichols practiced in New York City for seven years prior to founding **NicholsMD of Greenwich** in 2013, where she and her team deliver "a luxurious Manhattan experience" without the drive into the city.



BOOK YOUR TREATMENT TODAY!

Appointments are available
Monday through Saturday!

📞 203-862-4000

✉ info@kimnicholsmd.com

🌐 www.KimNicholsMD.com

Dr. Nichols' Recommendations for
Perimenopause & Menopause

📸 Follow us on Instagram and TikTok @NicholsMD_Dermatology for details on all of our treatments, updates from Dr. Nichols, and exclusive savings and events!

POPULAR TREATMENT OFFERINGS



BOTOX® (AND OTHER WRINKLE REDUCERS)

This quick injectable treatment uses neuromodulators to temporarily smooth fine lines and wrinkles caused by repeated facial expressions for a naturally well-rested appearance.

CHEST & NECK REJUVENATION WITH MINITOX

Using advanced injecting techniques, we can use your favorite neuromodulator to help tighten and smooth skin on the neck and chest.

CO2RE® INTIMA

This gentle feminine rejuvenation treatment helps to treat dryness, itching, pain and incontinence post-partum or post-menopause. The treatment also helps to restore tone, tightness, shape, and improve vaginal health as a whole.

CO2RE® LASER

CO2RE® fractional resurfacing laser is a powerhouse laser that dramatically improves age-spots, fine lines, wrinkles, scarring, uneven coloration, skin laxity, textural irregularities, and dull tone. This high intensity laser will give you dramatic results in just one treatment.

DR. NICHOLS' FACIAL CONTOURING TREATMENT

ELLACOR®

The Ellacor® System with Micro-Coring™ Technology uses hollow needles to remove micro-cores of the skin, significantly tightening skin, improving the appearance of wrinkles, and resurfacing skin overall.

FRAXEL®

This laser treatment targets aging and sun-damaged skin with microscopic laser columns that penetrate deep and cause remodeling of the skin's collagen for a brighter, even, sun-spot free complexion.

HAND REJUVENATION

This signature treatment helps to reduce the appearance of sun spots, noticeable hand veins, and skin crepiness so your hands look as good as you do.

NEW! HORMONE REPLACEMENT THERAPY (HRT)

We offer bioidentical hormone replacement therapy using pellets to help raise the levels of active hormones made by the body, helping to improve energy and clarity, mood, metabolism, and libido.

KYBELLA®

Kybella® is an injectable fat dissolver made of deoxycholic acid, a substance our bodies naturally produce. We love using Kybella® to eliminate stubborn fat anywhere you have 'an inch you can pinch'. Our most popular treatment areas include the double chin, bra fat slimming, waist/hip area, above the knees, and buttocks sculpting.

PRF INJECTIONS

The second generation of PRP is here! By injecting the platelets found in your own blood, PRF (platelet-rich fibrin) naturally and effectively helps to build collagen, plump the skin, reduce the appearance of wrinkles, help restore hair growth, enhance sexual drive, and more.



SCULPTRA®

Sculptra® is an injectable treatment that helps to restore lost volume in the face and stimulate lasting collagen production for smoother, firmer skin and a natural-looking glow with results that last up to 2 years.

THE GREENWICH SECRET™

Our trademarked treatment combines microneedling and radio frequency technology with a customized cocktail of topical serums to stimulate and remodel collagen, improving the look of fine lines, wrinkles, photodamage, and scars, all with little to no downtime!

ULTHERAPY®

Ultherapy® uses microfocused ultrasound to stimulate collagen deep within the skin with minimal rejuvenation time for tighter, firmer, lifted and more youthful skin.

TREATMENT ENHANCEMENTS FOR WELLNESS

FAR INFRARED TREATMENT

This powerful full-body experience has both antioxidant properties and anti-aging benefits. Far Infrared is part of the invisible spectrum of light that penetrates deep into the cell tissues to help generate and heal the cells in your body for a relaxing anti-aging treatment.

FULL BODY SKIN EXAM

Recommended at least once per year, Dr. Nichols and our team of skincare experts can examine any questionable spots or birthmarks to ensure your skin is healthy.

SEMAGLUTIDE

This injectable weight loss prescription regulates your appetite and controls blood sugar levels to help you lose stubborn weight and keep it off for good.

TIRZEPATIDE

This injectable weight loss prescription level ups your weight-loss to help you achieve your goals more effectively.

VITAMIN INJECTIONS

Here at NicholsMD, we offer B12, B-Complex, and NAD+ injections for enhanced energy, mental alertness, muscle recovery, immunity, and cell turnover.

VITAMIN IV THERAPY

Our Vitamin IV cocktails are completely customized to improve hydration and fit your specific needs.

